This two-day course will provide a clinically meaningful review of pain management and palliative care. The course is geared toward primary care providers though the content and skills covered will be useful for most clinicians, especially oncologists. It is balanced between practical information on pain and symptom management and skill development in caring for patients with serious or incurable illness.

As a requisite for re-licensure, the State of California has mandated that all physicians, except radiologists and pathologists, complete 12 hours of continuing medical education in pain management and care of the terminally ill and dying. This course is designed to fulfill this requirement, and physicians of all specialties are welcome to attend.

**Program Objectives**

At the conclusion of this course, participants should be better able to:

- Understand the basic principles of pain management and be able to apply them to improve management of pain in their own clinical practices.
- Understand the basic principles of non-pain symptom management and be able to apply them to improve symptom management in their own clinical practices.
- Discuss the psychological, practical, social, ethical and cultural issues surrounding care of the seriously or terminally ill.
- Skillfully communicate bad news and facilitate difficult decision-making processes between patients and their families.

**Faculty, David Geffen School of Medicine at UCLA**

- **Course Chair**
  - Judith Ford, MD, PhD
  - Medical Director
  - UCLA Palliative Care Program
  - Associate Professor
  - Department of Radiation Oncology

- **Sue Charette, MD**
  - Assistant Clinical Professor of Geriatrics
  - Department of Medicine

- **Matthew Conolly, MD**
  - Professor of Internal Medicine
  - Department of Medicine

- **Michael Frederich, MD**
  - Regional Medical Director
  - Trinity Care Hospice, Torrance
  - Visiting Assistant Professor
  - Department of Family Medicine

- **David Wallenstein, MD**
  - Assistant Clinical Professor
  - Department of Family Medicine
  - Physician, UCLA Palliative Care Program

- **David K. Wellisch, PhD**
  - Professor, Psychiatry & Biobehavioral Sciences
  - Neuropsychiatric Institute

- **Neil S. Wenger, MD, MPH**
  - Professor of Internal Medicine
  - Department of Medicine
  - Director, UCLA Center for Ethics

- **Elizabeth Whiteman, MD**
  - Assistant Clinical Professor of Geriatrics
  - Department of Medicine
Pain Management and Palliative Care

Friday and Saturday, October 21 and 22, 2005

Wyndham Bel Age Hotel, West Hollywood, California
Pain Management and Palliative Care

Friday and Saturday,
October 21 and 22, 2005

Wyndham Bel Age Hotel,
West Hollywood, California

Fulfills California’s State Licensing Requirement
Law AB 487
**Program**

**Friday, October 21**

**Morning**

7:15–7:55  
Registration/Continental Breakfast

7:55–8:00  
Introduction and Announcements  
Judith Ford, MD, PhD

8:00–9:00  
Opiates: The Strong Arm in the Management of Pain  
Matthew Conolly, MD

9:00–10:00  
The Other Side of Pain Management: Physiology and Adjuvant Medications  
Michael Frederich, MD

10:00–10:15  
Break

10:15–11:15  
Psychological Pain: Treatment of Depression and Anxiety in Life-threatening Illness  
David K. Wellisch, PhD  
Elizabeth Whiteman, MD

11:15–12:15  
Workshop: Last Hours: What We All Need To Know Before We Find Out the Hard Way  
Judith Ford, MD, PhD  
Michael Frederich, MD  
David Wallenstein, MD  
Elizabeth Whiteman, MD

**Afternoon**

12:15 – 1:15  
Lunch

1:15 – 2:15  
Workshop: Breaking Bad News: How To Make It Less Painful  
Sue Charette, MD  
Judith Ford, MD, PhD  
Michael Frederich, MD  
Neil S. Wenger, MD, MPH

2:15–3:15  
The Challenge of Pain Management for the Flower-power Generation: Pain and Addiction  
Michael Frederich, MD

3:15–3:30  
Break

3:30–4:30  
Advance Directives, Proxies, and Surrogates  
Neil S. Wenger, MD, MPH

4:30–5:30  
Medical Futility and the Ethics of Withdrawal/Withholding  
Neil S. Wenger, MD, MPH

**Saturday, October 22**

**Morning**

7:30–8:00  
Continental Breakfast

8:00–9:00  
Palliative Care: What, Why, Where, and When? Models of Care for a Finite Being  
Judith Ford, MD, PhD

9:00–10:00  
Workshop: Negotiating Goals of Care: The Physician as Facilitator  
Sue Charette, MD  
Judith Ford, MD, PhD  
Elizabeth Whiteman, MD  
David Wallenstein, MD

10:00–10:30  
Break

10:30–11:30  
Pain Is Not the Only Suffering: Non-pain Symptom Management  
Sue Charette, MD

11:30–12:30  
The Chronic Pain Patient: Issues, Challenges, Options, and Interventions  
Matthew Conolly, MD  
David Wallenstein, MD
Accreditation

The Office of Continuing Medical Education, David Geffen School of Medicine at UCLA, is accredited by the Accreditation Council for Continuing Medical Education to provide continuing medical education for physicians.

The Office of Continuing Medical Education, David Geffen School of Medicine at UCLA, designates this continuing medical education activity for a maximum of 12 Category 1 credits toward the Physician's Recognition Award of the American Medical Association. Each physician should claim only those credits that he/she actually spent in the educational activity.

LAW AB 487

The state of California has mandated that all physicians, except pathologists and radiologists, complete 12 hours of continuing medical education in pain management and the appropriate care of the terminally ill. This course is designed to fulfill this requirement, which must be met by December 31, 2006.

Disclosure

The FDA has issued a concept paper that classifies the commercial support of scientific and educational programs as promotional unless it can be affirmed that the program is truly independent and free of commercial influence. Along with independence, the FDA requires that non-promotional, commercially supported education be objective, balanced, and scientifically rigorous. The policy further states that all potential conflict of interest of the Continuing Medical Education staff and faculty be fully disclosed to the program's participants. We at UCLA fully endorse the letter and spirit of this concept. In compliance with this policy, we will disclose to the program audience any potential conflict(s) of interest related to the presentations made by faculty participating in sponsored or jointly sponsored programs by the David Geffen School of Medicine at UCLA.

For information about this course and others offered by the UCLA Office of Continuing Medical Education, please visit our website at www.cme.ucla.edu.

General Information

Enrollment Fees

$250     $200 for UCLA faculty

Location

Wyndham Bel Age Hotel
1020 North San Vicente Boulevard
West Hollywood, California 90069
310-854-1111 phone    310-854-0926 fax
www.wyndham-belage.com

The Wyndham Bel Age is located on the terraced hillsides of West Hollywood overlooking Los Angeles. The hotel features a world-class art collection and is steps away from Sunset Boulevard and minutes from Beverly Hills, Century City, and Westwood Village.

Guest Rooms

A small block of rooms has been reserved at group rates starting at $149 plus tax per night. Please call the hotel directly if you wish to make a reservation. You must identify yourself as an enrollee of the UCLA Pain Management Conference to obtain the group rate. Please call 310-358-7765 or 800-996-3426 to make your reservation. Reservations must be received by the hotel on or before Thursday, September 29, 2005, to guarantee the group rate.

Parking

Daytime: $8 valet    Overnight: $22

Refunds

A service charge of $50 will be withheld from all refunds (full refund if course is canceled or rescheduled). Requests for refunds must be in writing and received no later than October 3, 2005. You may fax your refund request to 310-794-2624.

Enrollment

Enrollment is limited. Early enrollment is strongly suggested.

By Mail

Use the form attached. For additional applications, use a photocopy or separate sheet giving all information requested on the form.

By Phone

Use your MasterCard, Visa, or Discover. Call 310-794-2620.

By FAX

Send completed enrollment form with charge card information and your authorizing signature to the Office of Continuing Medical Education at 310-794-2624.
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Social Security Number

Name (First/Middle/Last)    Degree    □ Male    □ Female

Preferred Mailing Address

City/State/Zip    Area Code    Daytime Phone

Specialty    Area Code    Fax

UCLA Faculty Appointment (required for discounted rate)    E-mail Address

☐ Check enclosed payable to: **The Regents of the University of California**

Charge:    □ MasterCard    □ Visa    □ Discover

___________-__________-__________-__________

Authorizing Signature    Expiration (Mo/Yr)

**Mail to:** Office of Continuing Medical Education  
David Geffen School of Medicine at UCLA  
Pain Management and Palliative Care  
10920 Wilshire Blvd., Suite 1060  
Los Angeles, CA 90024-6512

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