Acupuncture Today

Acupuncture today has become a highly respected and popular modality of medical treatment in the United States. The growing acceptance by physicians and patients is in large part due to the successful work of graduates of the HMI/UCLA Medical Acupuncture for Physicians program. This course is the most convenient and reliable training program for busy physicians to acquire acupuncture clinical skills. 5,000 physicians have completed the program, which has been taught regularly since 1983 through the Office of Continuing Medical Education, David Geffen School of Medicine at UCLA. It is a comprehensive program, and has earned the reputation of conclusively accomplishing in goal of creating clinically competent physicians acupuncturists who can integrate acupuncture with conventional medicine.

Course Organization

MEDICAL ACUPUNCTURE FOR PHYSICIANS™

Introductory Weekend
November 17 – 20, 2005
Clinical Units
April 28 – May 7, 2006 or May 19 – 28, 2006

Home video study between live units, in 220-hour or 300-hour format.

Sponsored by the Office of Continuing Medical Education, David Geffen School of Medicine at UCLA. Curriculum and faculty developed by Helms Medical Institute

www.HMIacupuncture.com • 510.649.8488

ON-GOING MEDICAL ACUPUNCTURE EDUCATION

HMI Intermediate and Advanced Programs

2005-06 TRAINING PROGRAM

present the premier physician acupuncture training program in the United States

MEDICAL ACUPUNCTURE FOR PHYSICIANS™

UNIT 1: INTRODUCTORY WEEKEND
November 17 – 20, 2005 • Marina del Rey, California

OPTIONAL CLINICAL INTENSIVE
November 21, 2005 • Marina del Rey, California

UNIT 2: HOME STUDY CURRICULUM
November 2005 – May 2006

UNIT 3: CLINICAL EXPERIENCE
April 28 – May 7, 2005 OR May 19 – 28, 2006

Pittsburgh, Pennsylvania Tempe, Arizona

Format Options

OPTIONAL CLINICAL INTENSIVE is an additional day of supervised training on point indications, anatomy, palpation, and needling to give you a head start that will enable you to safely treat uncomplicated problems while completing the full training program.

EXPOSURE PROGRAM is for residents, fellows, and administrators who wish to learn some fundamental skills in acupuncture. The program is for those who are not at the point in their careers to undertake the entire discipline.

PAIN MANAGEMENT OR PRIMARY CARE PATHWAY is selected according to your intended use of acupuncture. 80% of the core material in both pathways is identical. Pain management focuses additional attention on the musculoskeletal pain problems seen in pain specialty practices; primary care adds clinical problems ranging from stress-induced and functional disorders to organic lesions, as well as musculoskeletal pain.

CLINICAL EXPERIENCE is chosen according to your prefered location and the better timing in your schedule.

300-HOUR OR 220-HOUR FORMAT is a decision based on your realistic assessment of your home study time. The 300-hour program is the comprehensive HMI curriculum, the 220-hour program is the essential HMI curriculum with 80% less video study. Live activities are the same for both formats; the difference is in the quantity of home video viewing.

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Course Content

• Basic science foundations of acupuncture
• Clinical science levels of evidence
• Fundamentals of traditional acupuncture theory
• Hybrid contemporary model of acupuncture
• Channel and point function, location, and palpation
• Practice approaches to diagnosis and therapy
• Needling technique
• Patient management
• Practice building and billing

Program Goals

If you participate conscientiously in all aspects of the training, this medical acupuncture program will enable you to:

• Apply this skill when addressing everyday musculoskeletal and headache pain in your practice and thereby alleviate dependency on pharmaceuticals.

• Use the acupuncture diagnostic model to interpret somatic and musculo-skeletal problems that typically escape explanation, that is, the ‘otherwise well’ issues in your patients.

• Use acupuncture as an early intervention tool in managing chronic pain patients, as a primary treatment, or in collaboration with additional treatments.

• Enjoy ourselves while teaching and want our students to enjoy themselves while learning.

Study Expectations

You must be prepared to devote a regular period each week to study the videos and lecture points on yourself and family and friends. In the comprehensive 300-hour course, clinical units taken at six months require four to five hours of viewing and study each week, and at five months, five to seven hours. The essential 220-hour course requires approximately 40% less home study time.

Three to six months of serious independent clinical integration following the final unit will ground your experience and allow you to gain comfort and expertise in this new modality.

Course Chairman

Joseph M. Helms, M.D., a Diplomate of the American Board of Family Practice and the American Board of Pain Management, is professor of Anesthesiology, David Geffen School of Medicine at UCLA. He is training in acupuncture as an integral part of his practice and has been teaching acupuncture to primary care physicians and other health care professionals for over ten years. He is a Clinical Professor of Family Medicine at the University of California, Los Angeles, Department of Family Medicine at the David Geffen School of Medicine at UCLA. He has a private medical acupuncture practice in Beverly Hills.

Admission & Application

The HMI/UCLA Medical Acupuncture for Physicians course is the oldest and most respected physician acupuncture training program in the United States. If you are interested in attending the program, please mail the application materials.

Application Form

• Medical Acupuncture for Physicians (Register at www.HMIacupuncture.com)

Financial Information

• FEE
  - 300-HOUR COURSE TUITION FOR UNITS 1, 2, and 3: $5,750 / $5,900
  - (This includes the Acupuncture Essentials webinar)
  - (For inclusion the Acupuncture Essentials webinar)
  - REBATE: MEDICAL INTENSIVE DON 21 (optional)

Optional Clinical Intensive (optional) ($300 after October 20)

Course Dates

- 300-HOUR COURSE DATES: $5,800 / $6,050
- 220-HOUR COURSE DATES: $4,800 / $5,000

ADDITIONAL CLINICAL UNIT

- 220-HOUR COURSE DATES: $2,100 / $2,300

FEE APPLICABLES

- 15% discount for groups of 4 or more

Study Content

The format of the program is convenient for the busy practitioner wanting to assimilate acupuncture into contemporary professional practice. The course content is comprehensive and integrated. It systematically embraces all aspects of acupuncture.

Study Expectations

• Intermediate and advanced clinical programs are offered regularly by Helms Medical Institute to gradates of this basic program.

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The Accreditation Council for Continuing Medical Education (ACGME) is the official accrediting body for postgraduate education in 40 medical specialties and subspecialties.

For more information about the Accreditation Council for Continuing Medical Education, please visit www.acgme.org.

ADMISSION PROCEDURE

Applications into the program are not automatic upon application. It is based upon professional training and current standing. Determinations are based upon the applicant’s disease history and the medical professional’s qualifications. The program is based upon the applicant’s disease history and the medical professional’s qualifications.

Courses are limited. Application instructions: a letter must accompany any application and must include: a personal statement of plans (at least two paragraphs) for your use of this training.

You need to provide a resume for the clinical unit.

Applicants are encouraged to apply early in order to receive the preparatory reading and viewing materials.

Eligibility

Please indicate your first choice for the clinical unit.

The completed application form and documentation should be submitted along with the full tuition fee.

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