

NOTE: Generically available drugs are listed in <i>italics</i> .	Avg. cost / mo. (in \$)	PacifiCare	Health Net	Blue Cross	Blue Shield	CIGNA	Aetna
<b>Lipid Lowering Agents</b>							
<i>Lovastatin (Mevacor)</i>	40	X	X	X	X	X	X
Fluvastatin (Lescol / Lescol XL)	55/70	!	X	!	X	X	X
Rosuvastatin (Crestor)	80	!	!	!	!	!	!
Atorvastatin (Lipitor)	90	!	!	X	X	!	!
Pravastatin (Pravachol)	115	X	X	X	X	!	!
Simvastatin (Zocor)	130	X	X	!	!	X	X
Advicor (lovastatin / niacin)	60	X	X	X	!	!	X
Niaspan	60	X	X	X	X	X	X
<i>Gemfibrozil (Lopid)</i>	15	X	X	X	X	X	X
Fenofibrate (Tricor)	80	O	X	X	!	X	X
<i>Questran (cholestyramine)</i>	50	X	X	X	X	X	!
<b>Blood Modifiers</b>							
<i>Ticlopidine (Ticlid)</i>	70	O	X	!	!	X	X
Clopidogrel (Plavix)	130	O	X	X	X	X	X
<b>CENTRAL NERVOUS SYSTEM AGENTS</b>							
<b>Antidepressants</b>							
<i>Trazadone (Desyrel)</i>	5	X	X	X	X	X	X
Nefazadone (Serzone)	110	!	X	X	X	X	!
<i>Fluoxetine (Prozac)</i>	20	X	X	X	X	X	X
<i>Paroxetine (Paxil)</i>	55	X	X	X	X	X	X
Escitalopram (Lexapro)	70	X	X	X	!	!	!
Citalopram (Celexa)	75	!	!	X	!	!	!
Paroxetine (Paxil CR)	85	X	X	X	X	X	X
Sertaline (Zoloft)	90	!	!	X	!	X	X
Mirtazapine (Remeron SolTab)	95	O	X	X	!	!	!
<i>Bupropion (Wellbutrin)</i>	40	X	X	X	X	X	X
<i>Bupropion (Wellbutrin SR)</i>	100	X	X	X	X	X	X
Venlafaxine (Effexor XR)	110	X	X	X	X	X	X
Venlafaxine (Effexor)	90	X	X	X	!	X	!
<b>Antimigraine: PR = suppository, QL = Quantity Limits</b>							
<i>Floricet</i>	65	X	X	X	X	X	!
<i>Midrin</i>	20	X	X	!	X	X	!
Ergotamine/Caffeine (Cafergot)	125	X	X	X	X	X	PR
Ergomar		X	X	X	X	X	!
Ergostat		!	X	X	!	!	!
Methysergide (Sansert)	170	X	!	X	!	X	X
Migranal Nasal Spray (#4)	120	!	!	X	QL	QL	X
	Cost / Tab						
Zolmitriptan (Zomig - pkg size #6)	17	QL	!	QL	!	QL	!
Rizatriptan (Maxalt - pkg size #6)	17	!	!	QL	QL	!	QL
Sumatriptan (Imitrex - pkg size #9)	18	QL	QL	QL	QL	QL	QL
Almotriptan (Axert - pkg size #6)	18	!	QL	!	!	!	!
Naratriptan (Amerge - pkg size #9)	20.5	!	QL	!	QL	!	QL
<b>ADHD Medications</b>							
<i>Amphetamine (Adderall)</i>	85	O	X	X	X	X	X
Adderall XR	95	O	!	X	X	X	X
<i>Dexedrine</i>	30	X	X	X	X	X	X
<i>Methylphenidate (Ritalin)</i>	35	X	X	X	X	X	X
<i>Methylphenidate SR (Ritalin SR)</i>	45	X	X	!	X	X	X
Metadate CD / ER	85	!	!	ER	ER	X	X
Concerta	100	O	!	X	X	X	!
Strattera	90	!	!	!	!	!	!

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<b>DIABETIC AGENTS</b>							
<b>Oral Hypoglycemics</b>							
<i>Glipizide (Diabeta)</i>	10	X	X	X	X	X	X
<i>Glyburide (Micronase)</i>	20	X	X	X	X	X	X
Glipizide LA ( Glucotrol XL)	25	!	X	X	X	X	!
<i>Metformin (Glucophage)</i>	45	X	X	X	X	X	X
Metformin (Glucophage XR)	75	!	X	X	!	!	!
Metformin/Glipizide (Metaglip)	70	O	X	X	!	!	X
Metformin/Glyburide (Glucovance)	80	O	X	X	!	!	X
Acarbose (Precose)	65	!	X	X	X	X	!
Nateglinide (Starlix)	100	!	!	X	!	!	X
Repaglinide (Prandin)	100	O	X	X	!	X	X
Metformin/Rosiglitazone (Avandamet)	135	O	O	X	!	O	X
Rosiglitazone (Avandia)	140	O	O	X	!	O	X
Pioglitazone (Actos)	160	!	O	X	O	!	X
<b>Insulins - Cost per 10ml vial</b>							
Humulin R, L or N	50	X	X	X	X	X	X
Novolin R, L or N	55	!	X	X	!	X	!
Lantus	65	X	!	X	!	X	!
Humalog	110	X	X	X	X	X	X
Novalog	125	!	!	X	!	!	!
<b>GASTROINTESTINAL AGENTS - ANTIULCER / GERD</b>							
<i>Ranitidine or Cimetidine</i>	10	X	X	X	X	X	X
Pantoprazole (Protonix)	110	X	!	!	X	X	!
Rabeprazole (Aciphex)	140	X	X	X	X	!	X
Esomeprazole (Nexium)	135	!	!	!	O	!	!
Lanosoprazole (Prevacid)	140	!	!	X	O	X	X
Omeprazole (Prilosec)	130	!	!	!	O	20mg	!
<b>OB-GYN Agents</b>							
<b>Oral Contraceptives 28 days</b>							
<b>Monophasic</b>							
Ortho-Novum 1/50 or generic	40	B	X	X	!	X	X
<i>Necon 1/50</i>	32	!	!	X	X	X	!
<i>Norinyl 1+50</i>	41	!	!	X	X	X	!
Demulen 1/50 or generic	52	B	!	!	X	X	!
<i>Zovia 1/50</i>	36	!	X	X	X	X	!
Ovcon 50	41	!	!	!	!	X	!
<i>Ogestrel</i>	48	!	X	X	X	X	!
Ovral-28	58	X	!	X	!	X	!
Ortho-Novum 1/35 or generic	31	B	X	X	!	X	X
<i>Necon 1/35</i>	32	!	!	X	X	X	!
<i>Norinyl 1+35</i>	32	!	!	X	X	X	!
Brevicon	42	!	!	X	X	X	!
<i>Necon 0.5/35</i>	34	!	!	X	X	X	!
Modicon	44	X	X	X	!	!	X
Demulin 1/35	47	B	!	!	X	X	!
<i>Zovia 1/35</i>	32	!	X	X	X	X	!
Ovcon 35	36	!	!	!	!	X	!
Ortho - Cyclen	38	X	X	X	!	X	X
Desogen	31	X	!	!	X	X	!
Ortho-Cept	40	!	X	X	!	X	X
<i>Apri</i>	29	!	!	X	!	X	!

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<b>Oral Contraceptives Continued - Monophasic</b>							
Lo/Ovral	36	X	!	X	X	X	!
Loestrin 1.5/30 Loestrin FE	36	!	X	X	X	X	!
<i>Low-Ogestrel</i>	28	!	X	X	X	X	!
Levien 28	34	!	X	X	X	!	!
<i>Levora</i>	32	X	!	X	X	X	!
Nordette	32	X	!	X	X	X	!
<i>Alesse</i>	36	X	!	X	X	X	!
<i>Levite</i>	36	!	X	X	X	X	!
Loestrin 1/20 / Loestrin FE	36	!	X	X	X	X	!
Yasmin	34	X	X	X	X	X	!
<b>Biphasic</b>							
Mircette or generic	36	B	X	X	B	X	!
Ortho-Novum 10/11 or generic	36	B	X	X	!	X	X
<b>Triphasic</b>							
Tri-Norinyl	38	!	X	X	X	X	!
Triphasil	32	X	!	X	X	X	!
Tri-Leven	33	!	X	!	X	!	!
Trivora-28	26	!	!	X	X	X	!
Cyclessa	33	X	!	X	X	!	!
Estrostep	36	!	!	X	!	X	!
Ortho Tri-Cyclen	36	X	X	X	!	!	X
Ortho Tri-Cyclen Lo	36	X	X	X	!	X	X
Ortho-Novum 7/7/7	36	B	X	X	!	X	X
<b>Patch or Ring</b>							
Ortho Evra	35	X	X	X	!	X	X
Nuvaring	40	X	X	!	X	!	X
<b>Progestin Only</b>							
Nor-Q-D	43	!	!	X	X	X	!
Ovrette	37	!	X	!	X	X	!
Ortho Micronor	40	X	X	X	!	X	X
<b>Emergency Contraception</b>							
Plan B	22	X	X	X	X	X	X
<b>Estrogens / Bone Modifiers</b>							
<i>Estradiol (Estrace)</i>	5	X	X	X	X	X	X
Esterified Estrogens (Menest)	15	X	X	X	X	X	X
Esterified Estrogens (Estratab)	15	X	X	X	X	X	!
Conjugated Estrogen (Cenestin)	26	!	!	X	!	!	X
Conjugated Estrogens (Premarin)	30	X	X	X	X	X	!
Prempro	40	X	X	X	X	X	!
Premphase	35	X	X	X	X	X	!
Prefest	30	!	!	X	!	!	X
FemHRT	30	!	!	X	!	!	!
Activella	30	!	!	X	X	!	!
Climara	45	!	X	X	X	X	!
Alora	40	X	X	X	X	X	!
Vivelle Dot	40	X	!	X	X	X	X
Estraderm	40	X	X	X	X	X	X
Alendronate (Fosamax) 10/70	77/72	!	O	X	X	X	X
Risedronate (Actonel) 5/35	71/67	O	O	X	!	!	X
Calcitonin Salmon (Miacalcin NS)	42	O	O	X	O	X	!
Raloxifene (Evista)	74	O	O	X	X	X	X

## Pocket Formulary Comparison

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### PAIN MANAGEMENT: NSAIDS

#### OTC: Advil, Motrin, Aleve, Actron, & Orudis

<i>Ibuprofen</i> (Motrin), <i>Salsalate</i> (Disalcid), <i>Naproxen</i> (Naprosyn, Anaprox), <i>Sulindac</i> (Clinoril)	10	X	X	X	X	X	X
<i>Etodolac</i> (Lodine)	20	X	!	X	X	X	X
<i>Nabumetone</i> (Relafen)	70	!	!	X	X	X	!
Valdecoxib (Bextra)	105	!	!	!	!	!	!
Rofecoxib (Vioxx)	105	!	!	!	!	!	!
Celecoxib (Celebrex)	130	!	!	!	!	!	!

### RESPIRATORY AGENTS

<i>Albuterol</i> (Proventil, Ventolin)	15	X	X	X	X	X	X
Pirbuterol (Maxair)	50	X	X	!	X	X	X
Formoterol (Foradil)	80	!	X	X	X	!	X
Salmeterol (Serevent Diskus)	90	X	X	X	X	!	X
Ipratropium (Atrovent)	93	X	X	X	X	X	X
Ipratropium/Albuterol (Combivent)	65	X	!	X	!	X	X
Beclomethasone (QVAR)	45	X	X	X	X	X	!
Triamcinolone (Azmacort)	70	!	X	X	X	X	!
Fluticasone (Flovent)	80	X	X	X	X	X	X
Flunisolide (Aerobid / M)	140	!	!	!	!	!	!
Budesonide (Pulmicort)	145	!	X	X	X	X	X
Salmeterol / Fluticasone (Advair)	150	!	X	X	X	!	X
Nedocromil (Tilade)	70	X	X	X	!	X	X
Cromolyn (Intal)	110	X	X	X	X	X	X
Zafirlukast (Accolate)	80	X	!	!	!	X	!
Montelukast (Singulair)	90	!	X	!	!	X	X
Zileuton (Zyflo)	105	!	!	!	!	!	!

### Antiallergy Medication

#### 1<sup>st</sup> Line OTC: Claritin or Claritin D, Alavert, Nolahist, Chlor-Trimeton, Dimetapp, Tavist-D & Sudafed

Azelastine (Astellin Nasal Spray)	60	X	X	X	X	X	X
Cetirizine (Zyrtec)	65	!	!	!	!	!	!
Desloratadine (Clarinex)	70	!	!	!	!	!	!
Fexofenadine (Allegra)	70	!	!	!	!	!	!
Montelukast (Singulair)	90	!	!	!	!	!	!

### Nasal Sprays

#### OTC: Nasalcrom

Budesonide (Rhinocort AQ)	35	X	!	X	!	X	!
<i>Flunisolide</i> (Nasalide)	45	X	!	!	X	X	X
<i>Flunisolide</i> (Nasarel)	45	X	!	!	X	X	!
Beclomethasone (Beconase AQ)	65	X	!	X	!	X	!
Triamcinolone (Nasacort)	60	!	X	!	!	!	!
Fluticasone (Flonase)	65	X	X	X	X	X	X
Triamcinolone (Nasacort AQ)	65	!	X	!	!	!	!
Mometasone (Nasonex)	70	X	X	X	X	!	X

### Please Note

This abbreviated drug guide is intended to assist prescribers in the selection of cost-effective drug therapy. **Prices** are based on the average wholesale price (AWP) or maximum allowable cost (MAC) per weighted average 30-day supply or per course of antibiotics. For **antibiotics**, the first price listed is for liquid dosage forms and the second price is for solid dosage forms. **Generic medications** are italicized and may be dispensed if a generic is available. Some covered medications may require **prior authorization** before they can be used. Consider using over-the-counter (OTC) products as first-line agents when appropriate.

**Note: Not all medications available as generic are listed**

### Health Plan Coverages

- (X) indicates a formulary or preferred medication
- (O) indicates a formulary product or non-formulary preferred product that requires prior authorization **or** step therapy **or** has quantity **or** age limits.
- (!) indicates a non-formulary or non-preferred product.
- (B) indicates brand-drug coverage only

**For many healthplans, if a generic equivalent is available, the brand name drug may not be a covered benefit. The generic equivalent will be dispensed.**

**You may need to consult with the health plan's formulary for additional information. The information listed is accurate as of the date of printing of this Pocket Guide. This information has been obtained from healthplan web sites and publicly available information.**

### Health Plan Prior Authorization Telephone Numbers and Health Plan Internet Addresses

<b>Aetna</b> <a href="http://www.aetnaushc.com">www.aetnaushc.com</a>	1-800-414-2386 1-800-408-2386 (Fax)
<b>Blue Cross (California Care)</b> <a href="http://www.bluecrossca.com">www.bluecrossca.com</a>	1-800-678-3784 1-888-831-2243 (Fax)
<b>Blue Shield</b> <a href="http://www.mylifepath.com">www.mylifepath.com</a>	1-800-535-9481 1-888-697-8122 (Fax)
<b>CIGNA</b> <a href="http://www.cigna.com">www.cigna.com</a>	1-800-832-3211 1-800-390-9745 (Fax)
<b>Health Net</b> <a href="http://www.healthnet.com/formulary">www.healthnet.com/formulary</a>	1-800-548-5524 1-818-676-8086 (Fax)
<b>PacificCare</b> <a href="http://www.pacificcare.com/california/providers">www.pacificcare.com/california/providers</a>	1-800-711-4555 1-800-527-0531 (Fax)

**Not all benefit plans include outpatient prescription drug benefits. For specific coverage and limitations please refer to local plan specifications and benefit design. The most up-to-date listings of the formularies can be found on-line.**

## Pocket Formulary Comparison

January 2004

**NOTE: Generically available drugs are listed in italics.**

\*L = Liquid, S = Solid

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**ANTIBIOTICS (NOTE: LIQUID AND SOLID FORMS AVAILABLE FOR MOST PRODUCTS LISTED.)**

1st Line	L/S* 10 day course ( or approved duration)						
<i>Amoxicillin</i> , <i>Bactrim generic</i> , <i>Doxycycline</i> , <i>Erythromycin</i> , <i>Cephalexin</i>	5/5	X	X	X	X	X	X

2nd Line							
<i>Erythromycin/Sulfisoxazole</i> (Pediazole)	15	X	X	X	X	X	X
Azithromycin (Zithromax)	30/45	X	X	X	QL	QL	X
Clarithromycin (Biaxin)	75/90	X	X	X	QL	X	X
Clarithromycin (Biaxin XL)	65	X	X	X	QL	X	X
Cefuroxime (Cefin)	55/75	!	X	X	X	X	!
Cefpodoxim (Cefzil)	50/90	X	X	X	X	X	!
Cefdinir (Omnicef)	70/80	X	X	X	!	X	X
<i>Amox/Clavunate</i> ( <i>Augmentin</i> )	60/90	X	X	X	X	X	X
Augmentin ES	65	X	X	X	X	X	X
Augmentin XR	110	X	X	X	X	!	X
Gatifloxacin (Tequin)	90	!	!	!	!	!	!
Moxifloxacin (Avelox)	95	X	X	!	QL	!	!
Levofloxacin (Levaquin)	100	!	!	X	!	X	!
Ciprofloxacin (Cipro)	105	X	X	X	X	X	!

### CARDIOVASCULAR AGENTS

#### 1st Line Antihypertensives: Diuretics and Beta Blockers

ACE Inhibitors / Angiotensin Receptor Blockers							
<i>Captopril</i> (Capoten)	5	X	X	X	X	X	X
<i>Lisinopril</i> (Prinivil, Zestril)	15	X	X	X	X	X	X
<i>Moexipril</i> (Univasc)	20	X	X	!	X	X	X
Benazepril (Lotensin)	30	X	X	X	X	X	!
Trandolopril (Mavik)	30	!	!	!	!	X	!
Quinapril (Accupril)	35	!	X	X	!	X	!
Fosinopril (Monopril)	40	!	X	!	X	!	!
Ramipril (Altace)	55	!	O	X	!	X	X
Olmesartan (Benicar)	40	!	O	!	!	!	!
Valsartan (Diovan)	50	!	O	X	!	O	QL
Irbesartan (Avapro)	50	!	!	!	!	!	!
Candesartan (Atacand)	50	!	!	!	!	!	!
Losartan (Cozaar)	50	!	!	X	!	O	QL
Benazepril / Amlodipine (Lotrel)	70	!	O	!	X	O	X

Beta Blockers							
<i>Atenolol</i> (Tenormin)	5	X	X	X	X	X	X
<i>Metoprolol</i> (Lopressor)	5	X	X	X	X	X	X
Metoprolol XL (Toprol XL)	30	!	X	X	X	X	!
Carvediol (Coreg)	105	X	X	X	X	O	X

Calcium Channel Blockers							
<i>Verapamil SR</i> (Calan SR)	10	X	X	X	X	X	X
<i>Diltiazem Long Acting</i>	35	X	X	X	X	X	X
<i>Nifedipine LA</i>	35	X	X	X	X	X	X
Nisoldipine (Sular)	35	X	X	X	X	!	!
Felodipine (Plendil)	50	X	X	X	X	X	!
Amlodipine (Norvasc)	55	!	X	X	!	X	X